

**Anxious?**

**Are you an apprentice  
juggling work and your  
mental health?**

**Depressed?**

**Stressed?**

**You're not alone.  
We can help.**



There is no charge for this service.

**The Access to Work Mental Health  
Support Service for Apprentices**

**0300 456 8210**

**[www.remploy.co.uk/mentalhealthforapprentices](http://www.remploy.co.uk/mentalhealthforapprentices)**

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In partnership with  
  
Department for Work & Pensions

**Remploy** in partnership  
with **MAXIMUS**

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